

My 11 yr old daughter has benefited greatly by the neurofeedback brain training with Dr. Lora Lonsberry. Our pediatric neurologist had recommended neurofeedback brain training for our daughter.

My daughter has been experiencing a complex seizure disorder that began 18 months ago. During this time her condition had caused many cognitive deficits, impaired her general well-being and activity levels.

The last three months of brain training with Dr. L have been life-changing for my daughter. My daughter's seizure count decreased dramatically. Her energy and activity levels returned to normal.

Before she started seeing Dr. Lonsberry, my daughter basically lived on the couch and couldn't tolerate normal activity levels. She couldn't tolerate doing her schoolwork for more than 30 minutes at a time. She had difficulty learning her math and retaining what she had learned. She had a hard time staying focused on her studies. When people were talking to her, she seemed despondent and depressed.

We saw steady, consistent and dramatic improvement in all these areas after 3 months of brain training with Dr. Lonsberry. It was gradual improvement for the first month and then at a much faster pace the second and third month. I share this because I think it's important to invest the time and allow the accumulative progress that will occur from one brain training session to the next.

Dr. Lonsberry is a highly skilled neurofeedback brain trainer. I observed that she was very focused and driven for my daughter to get the most out of each brain training session. I highly recommend her abilities and excellent professionalism. I also appreciated her expectation of feedback from my daughter on every returning appointment. Also Lora was very accommodating in the event we had to cancel or reschedule an appointment.

Melanie