

Lora has helped me make tremendous progress. I suffered a violent crime and had PTSD as a result of physical and emotional abuse, in addition to a head injury that had caused some amnesia. Not only did she provide good feedback and talk therapy, but she also did help with the process of getting monetarily reimbursed from the state through the Crime Victim Compensation Program. Which is something I'm sure a lot of doctors leave mostly up to the patient to attend to. She has been very attentive to my goals I had first written down upon opening my services and she takes great attention to what I write and say. I feel the sessions have given me more concise feedback on how my TBI recovery has been and assured me that I have healed. She has built my confidence up and encouraged me to advance in my career and personal relationships, as well as learning some independence. The sessions have truly taught me to value meditation more. I love her positive and encouraging attitude and feel she sets healthy and accurate boundaries. Given a terrible circumstance I've been in, Lora has been a monumental support in my healing process.