Have you exhausted every method to control your pain? Are you spending your life feeling overwhelmed while you watch others in enjoyment? Did you know a technique called neurofeedback exists? It is a computerized brain training course.

From my own experience both of these conditions were a part of my life. After years of numerous surgeries, lab tests, and supplements with the outcome of minimal results I thought the only choice was to accept myself with these conditions. Then some of my friends told me about neurofeedback, and I thought would try it. The results have been phenomenal and more than words could describe in this simple testimonial, but I will try my best. I was amazed when something had the power to communicate with my disorganized brain. The effects were obvious. I now have completed twenty sessions and intend on completing the remaining twenty sessions recommended for optimal results. These are just a few of the results that I have experienced since I started treatment; increase in joy, increase in social interaction, increased self esteem, better sleep, ability to get up in the mornings, decreased pain, freedom of overwhelmed brain, and measurable results in sports performance.

Dr. Lora Lonsberry is an extremely knowledgeable practitioner, and is capable of applying her knowledge to create the most effective protocols based on your specific brain and daily results. Her computers at her office allow her to see the function of the different areas of the brain during treatment. This information can correlate to trauma that has occurred some ones life. If that trauma is not fully processed it affects the functioning of the brain.

What is so cool is that you just hook yourself up to the computer and the programs are designed to release the trauma. After completion of the treatments you will have full function of your brain. I am so excited to see my full potential. In addition to this Dr. Lora Lonsberry is an extremely pleasant and professional practitioner. Her gorgeous place of practice provides a relaxing and welcoming atmosphere. I highly recommend her services to anyone that is seeking measurable results in the quality of their life.

Ann R.